

# I'M GREAT AT.....

1. Being a team leader for my group.



2. Asking my coach for a break when I am frustrated or upset.



3. Following directions and accepting feedback from my job coach.



4. Keeping my hands to myself and be nice to all my friends.



5. Being positive and always having a big smile!



---

**HOW DO I FEEL:**

**GOOD**

**OR**

**BAD**

I believe in making healthier choices. I will drink soda on

\_\_\_\_\_ and \_\_\_\_\_